

— ❁ *Spa Packages* —

Relaxation (approximately 3 hours)\$135

Let the stress melt away as you enjoy a half hour reflexology treatment, a one hour massage and a Rhonda Allison 1-2-3 facial.

Serenity (approximately 4.25 hours)\$141

Experience the Serenity as you receive a one hour massage followed by Rhonda Allison 1-2-3 facial and finished off with a Mani/Pedi.

Radiance (approximately 3.25 hours)\$157

Energize your body and soul with a revitalizing Kaolin Clay wrap, an hour long massage and a Rhonda Allison 1-2-3 facial.

Tranquility (approx. 5.75 hours)\$225

Treat yourself to the ultimate getaway. Start with thirty minutes of Reflexology, detoxify and moisturize with a Kaolin Clay wrap followed by a one hour massage and a Rhonda Allison 1-2-3 facial. Then, finish up with a Deluxe Mani/Pedi.

— ❁ *Wraps* —

Kaolin Clay Wrap

This deep-cleansing astringent draws out oils and toxins as well as tightens, tones, and remineralizes your skin. \$60.

Parafango

A mixture of paraffin wax and dehydrated Dead Sea mud, Parafango is a perfect combination for treating cellulite and speeding inch loss. \$100.

Hours:

Tuesday - Friday ~ 10am - 6pm
Saturday by appointment only

405.547.6200

135 South Main Street
Perkins, OK 74059



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www.hiddenoasisdayspa.com

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Hidden Oasis
Day Spa



✧ Massage

We offer massages in increments of 30, 60, 90 and 120 minutes.

Swedish Massage

A relaxing massage that increases circulation with light to medium pressure.

Deep Tissue

Medium to firm pressure massage incorporating techniques that address muscle pain and tension. Perfect for athletes and people with chronic pain or tension.

Pregnancy

For the mother-to-be after her first trimester, this relaxing therapeutic massage allows mom to relax while addressing the needs of her changing body.

<i>Individual</i>		<i>Price</i>
30 minute		\$30.
60 minute		\$55.
90 minute		\$80.
120 minute		\$105.

Packages available

- Chair Massage
- Hot Stone Therapy
- Aromatherapy also available

✧ Reflexology

The Ingham Method of Reflexology is used primarily for relaxing tension. It improves nerve and blood supply and promotes homeostasis.

<i>Individual</i>		<i>Price</i>
30 minute		\$20.
60 minute		\$35.



✧ Facials

1-2-3 Facial

Refresh tired, dull skin. Infused with much needed hydration and nutrients. Starting at \$60.

Pumpkin Peptide Peel

This corrective facial infuses the skin with vital nutrients and vitamins. Leaves skin smooth, bright and more youthful. Starting at \$75.

Hibiscus Facial

Fight the signs of aging and brighten the skintone with lasting results. Starting at \$95.

We use Rhonda Allison products for our facials.

✧ Salon Services

<i>Nails</i>		<i>Price</i>
Gel & Solar		\$35.
Refills		\$20.
Overlay		\$15.
OPI Gel Color (add'l)		\$10.
Polish Change		\$10.
Decoration		\$5.
Paraffin Dip	\$10.	
Paraffin Dip Add-on	\$5.	



✧ Salon Services

<i>Spa Mani/Pedi</i>	<i>Price</i>
Manicure	\$15.
Deluxe Manicure	\$20.
Pedicure	\$30.
Deluxe Pedicure	\$35.
Mani/Pedi Combo	\$42.

<i>Waxing</i>	<i>Price</i>
Eyebrows	\$10.
Lip	\$10.
Chin	\$10.
Two Services	\$15.
Three Services	\$25.



<i>Hair</i>	<i>Price</i>
Woman's Cut	\$29.
Men's Cut	\$17.
Child's Cut (12 & under)	\$10.
Color (includes cut)	starting at \$55.
Foil Weave (includes cut)	starting at \$75.
Perms (includes cut)	starting at \$55.
Straightening (includes cut)	starting at \$65.
Wash and Style	\$18.
Updo	starting at \$25.
Bridal Updo	starting at \$35.

<i>Tanning</i>	<i>Price</i>
Single Session	\$4.
Five Sessions	\$15.
One Month	\$30.